



## Helmet Use Policy and Procedure

### Purpose of the Policy:

The purpose of this policy is to ensure that all children wear helmets which are correctly fitted by the adult in charge during outside play in the car park. Playgroup children will wear adjustable helmets when riding on scooters and bicycles during outdoor play. Throughout the policy the term parents is used to include all main caregivers.

### Who is Responsible?

The adult supervising outdoor play will be responsible for ensuring children are correctly wearing safety helmets. The adult will fit each helmet correctly with the child before allowing play to commence. The adult will help to remove the helmet from the child after play and will hang on the peg inside the cloakroom to avoid damage through dropping.

### How is the Policy Implemented?

- Adjustable helmets are to be provided by parents of the children. These are to be hung up on the child's peg within the cloakroom.
- Pictorial diagrams of the safe and correct procedure for fitting helmets will be laminated and hung on the inside door of the shed at child height.
- The adult will unhook the helmet to avoid it being damaged through dropping. The adult will facilitate the child whilst the child places their helmet on and will make references to the pictorial diagrams throughout. The adult will demonstrate the correct method of adjusting and correcting the position of the helmet with the child.
- A mirror will be hung next to the pictorial diagrams on the inside door of the shed. This will allow each child to check the fitting (along with the adult to supervise) and will promote independence and responsibility for own safety.
- The adult will check the helmet once again before allowing the child to play in the car park and will clearly tell the child they are safe to go and play.
- The adult will supervise all children throughout play to ensure helmets are kept on and securely fitted at all times.
- When play is finished, children will return their helmets to the cloakroom to avoid damage.
- Staff will monitor helmets and will should an incident occur where the helmet suffers a sharp blow; the parent will be notified.