



Infection Control Procedure

The playgroup has a duty to protect the health, safety and welfare of all users and employees as well as a duty of care. In addition to this the prevention and control of infection is essential in helping to establish a safe and secure environment in which children can learn and develop through play.

To minimise sources of contamination we will: -

- Ensure all playgroup staff have a current Food Hygiene Certificate or other training in food handling.
- Ensure staff follow the Procedure in the Kitchen
- Store food that requires refrigeration, covered and dated within a refrigerator, at a temperature of 5°C or below.
- Wash all fruit and vegetables before preparing.
- Raw and cooked food to be prepared separately and with different utensils.
- Ensure all staff or volunteers do not wear jewellery, watches, piercings or false nails etc., if they are preparing food.
- Wash hands before/after handling food and after coughing sneezing.
- Wear appropriate Personal Protection Equipment (PPE)
- Clean and disinfect food storage and preparation areas ensuring correct measurement of disinfectant is used.
- Buy food from reputable sources and use by recommended date.
- Dispose of all food waste daily.
- Cleaning fluids will be stored in the wall cupboard either in the Disabled toilet, Kitchen and surplus stock in Annexe cupboard.

To control the spread of infection we will ensure that: -

- Children are encouraged to wash their hands after going to the toilet, before eating, when baking or assisting with snack preparation and when hands are visibly dirty.
- Children wash hands under a running tap and anti-bacterial soap whenever possible.
- Paper towels are used for the drying of hands.
- Children are encouraged to blow and wipe their own noses when necessary, disposal of the soiled tissues is done hygienically and wash their hands afterwards.
- Children to be encouraged to cover their mouths when coughing and sneezing and then wash their hands
- Equipment is cleaned regularly and that this is recorded in the Cleaning Log or Maintenance Log.
- Different cleaning cloths are kept for different areas. **Blue** for food and food related activities. **Yellow** for body fluids/toilets, any other cloth can be used for general cleaning.
- Adult's cuts and open sores are covered with a waterproof dressing and disposable gloves worn.

- Appropriate PPE is worn when dealing with blood and bodily fluids. (Gloves, aprons and optional face guards in cupboard in disabled toilet) Soiled articles are double bagged and sealed in plastic bags and sent home for laundering.
- Staff are aware of procedures for the prevention of HIV and Hepatitis infection

To raise awareness of hygiene procedures we will: -

- Inform all attending adults of the existing procedures.
- Provide visual instructions where possible for ease of understanding.

To prevent the persistence and further spread of infection we will:

- Follow the guidelines in the Health Protection Scotland's 'Infection Prevention and Control in Childcare Settings', September 2015
- Be vigilant as to signs of infection persisting or recurring.
- Ask parents to keep their child at home for the recommended period if they have an infectious disease, and to inform the playgroup as to the nature of the infection.
- Remind parents not to bring a child to playgroup who has been vomiting or had diarrhoea until at least 48 hours has elapsed since the last episode.
- Inform the NHS Grampian Health Protection Team if **two** or more children have vomiting or diarrhoea – telephone number 01224 558520

Procedures to be followed within setting to ensure infection control measures have been adhered to are as follows: -

- Cleaning Log
- Maintenance Log
- Daily Health and Safety Checks
- Kitchen Procedure
- Toilet Procedure
- Nappy Changing Procedure
- Daily Routine
- Accident and Emergency Procedure
- Tooth Brushing Procedure