



## Tooth Brushing Procedure

Old Rayne playgroup has put this procedure in place to ensure that we follow the correct procedures expected within the 'Childsmile' supervised tooth brushing programme.

The designated lead person for the programme will be the manager of the setting. Staff will have been trained in the procedures that are expected and monitored by the lead person. The procedures will also be monitored by the Childsmile Dental Health Support Worker.

Before the children can take part in the programme, a consent form must be completed and signed by the carer/parent.

### Tooth Brushing

- Only use a toothpaste with a least 1000ppm (parts per million)
- A smear of toothpaste (0-2years) or a small pea-sized amount (over 2 years)

### Effective Practice

- All children must be supervised when tooth brushing
- An adult must dispense the toothpaste on a clean and clear surface, such as a plate or paper towel.
- All children should be encouraged to brush their teeth daily.
- Every child has their own identifiable tooth brush.
- All brushes are colour coded to match the appropriate bus.
- Tooth brushes should be replaced at least once a term, or sooner if required, when the bristles become splayed.

### Infection Control

- Staff must have clean hands prior to supporting a child with tooth brushing.
- Tooth brushes should be stored in the upright position in the storage system to avoid contact with each other.
- All storage systems must have manufacturer's covers and stored out of reach from children.
- All equipment should be sterilised weekly in the dishwasher or with warm soapy water and replaced if cracks, scratches or rough surfaces develop. (Friday's)
- Tooth brushes should always be discarded and replaced if dropped onto the floor.
- Children place their tooth brush I stands supplied by Childsmile after use.

### Daily Cleaning Instructions

- Adults rinse off excess toothpaste from tooth brushes whilst in the stand to avoid cross infection.
- Boiling water is then poured over all brushes before returning to air dry on the correct bus.